

Keeping in touch

The latest volunteering opportunities are showcased in our shop front window in Bideford and advertised in our 'Latest Opportunities' leaflet, at events and at our outreach venues in Torrington and Holsworthy. They are also shown to newly registered volunteers.

We post all of our volunteering opportunities on to the national volunteering website www.do-it.org.uk

We hold an annual Volunteers' Week celebration event to recognise the important contribution made by volunteers in Torrridge and to thank them for all that they do.



Helping volunteers, organisations and businesses to find each other!

Volunteer Centre Opening Hours:

Monday and Tuesday
9.30am to 3pm.

Wednesday and Thursday
9.30am to 12.30pm.

Please drop in or contact us to make an appointment for a 1:1 interview.

E volunteer1@torridgecvs.org.uk

T 01237 420130

W www.torridgecvs.org.uk



TTVS Volunteer Centre
14 Bridgeland Street,
Bideford EX39 2QE

www.torridgecvs.org.uk



VOLUNTEERING

do more in your
community!

for volunteers

for organisations

for business



www.torridgecvs.org.uk/volunteering

For volunteers

Make a difference to your community and the issues you care about. Whatever your skills or experience, training is often available. Opportunities range from an hour or two a month, to a day or two a week or one off activities.

Out of pocket expenses are usually paid, and these payments don't affect taxes/benefits. Volunteering roles are varied and could include:

- Manual tasks: maintenance, driving, gardening.
- Administration and boardroom work: charity trustee, office support, computing and IT, accountancy, marketing/publicity.
- Support and mentoring roles: advising, befriending, home visiting, phone helplines, supporting witnesses.
- Work with young people: sports coaching, holiday, pre-school and after school clubs.

For business

Businesses can profit by caring! Raise your community profile by supporting voluntary action. This could include:

- Sponsoring local volunteer training or volunteering events.
- Donation of expertise and resources e.g. training rooms.
- Team building through employer supported volunteering.



Volunteer VOICE

*"Walking arm in arm,
I helped a lady to take her
first walk after an operation. It
made me feel like a million dollars"*

LOCAL VOLUNTEER

For organisations

Advice and support is available to new and existing voluntary and community groups. This can be accessed via our regular volunteer managers forums or on a 1:1 basis and includes:

- Policies, procedures and legal issues.
- Publicising your volunteering opportunities.
- Developing your work with volunteers within best practice guidelines.
- Local training.

Other TTVS services, accessed via the Volunteer Centre, include:

- Support with funding searches and grant information.
- Networking events.
- Support with group development, including advice around governance and marketing.
- Loan of resources and equipment.
- Regular information updates on changes affecting the voluntary and community sector, funding opportunities, events and training.

www.torridgecvs.org.uk/volunteering



Volunteer Centre
Torridge